

Friends of SOT™ Presents:

Functional Pregnancy: How to care for your pregnant patients through all their functional changes.

September 25th 8am – 5:30pm

September 26th 8am-12pm

Marriott Marquis San Francisco

55 Fourth Street, San Francisco, Ca

Hotel reservations: 415-896-1600

Called Functional Pregnancy, this intensive weekend offers comprehensive techniques for managing the pregnant patient. Beginning with Pre-conception issues, Dr. Seekins demonstrates treatments for and discusses the three trimesters of gestation, concluding with post-partum complications and recommendations.

You will be taught manual SOT™ based adjusting techniques specifically useful for pregnant patients, nutrition, folk remedies, lifestyle recommendations and exercise – all clinically tested and sound for your pregnant patients.

Distilled from 20 years of clinical experience and home-birthing 4 children of her own, Dr. Seekins has created a comprehensive, unique, useful and fun curriculum for this weekend. Her motto: **Don't be afraid of the belly!**

Dr. Suzanne Seekins graduated from Logan College of Chiropractic where she went on to teach for five years. She is a certified SORSI Instructor and Craniopath. She currently lives and practices in Naples, Florida where she has a successful practice comprised of up to 75% gravid and pediatric patients.

Outline:

1. Preconception issues.
2. Trimester One ailments and treatments.
 - a. CMRT
 - b. Sacral/pelvic/lumbar adjusting
 - c. Nutrition/Lifestyle suggestions
3. 2nd Trimester ailments and treatments.
 - a. CMRT
 - b. Sacral/pelvic/lumbar adjusting
 - c. Nutrition/Lifestyle suggestions
4. 2nd Trimester continued.
5. 3rd Trimester ailments and treatments.
 - a. CMRT
 - b. Modification for gravid patients
 - c. Nutrition/ Lifestyle suggestions
6. Post-partum Concerns & Nutrition for:
 - a. Prolapsed uterus
 - Pelvic flip technique
 - Pelvic floor lift
 - b. Prolonged bleeding
 - CMRT Uterus/Glandular
 - c. Hemorrhoid
 - Homeopathic /Folk Remedies
 - d. Mastitis
 - Homeopathic/ Folk Remedies
 - Engorgement
 - Signs and symptoms
7. Special Concerns during gestation/labor/delivery
 - a. Breech presentations/corrections w/ modified Webster Breech protocols
 - b. Premature labor – Sacral/pelvic blocking
 - c. Positions/exercises for pregnancy
 - d. Pre-pregnancy/post-partum exercises
 - e. Failure to progress
 - f. Preeclampsia
 - g. Gestational Diabetes

REGISTRATION:

Type	Price	Selection
Doctor	\$350	
1-2 nd Year DC	\$250	
Student	\$150	
CEU's CA, OR, WA, NV, AZ	\$40	
Less early discount before Sept 15 th	- \$25	
Total		

Name _____

Address _____

City _____ State ____ Zip _____

Phone _____

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Payment method: Check to Paul O'Brien
 Creditcard

Number _____

Exp _____

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Send to Paul O'Brien, 11 South Angell St #327,
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 Questions: baysidechiro@msn.com